

**I CLAIM:**

1. A plastic sheet comprising:

a substrate having a surface formed with a plurality of embossed recess portions proximate to each other, each of said embossed recess portions being confined by a flat bottom wall and a side wall that extends from said flat bottom wall to said surface.

2. The plastic sheet as claimed in Claim 1, wherein said side wall of each of said embossed recess portions has a circular-shaped cross-section.

3. The plastic sheet as claimed in Claim 1, wherein said flat bottom wall of each of said embossed recess portions has an elliptical-shaped cross-section.

4. The plastic sheet as claimed in Claim 1, wherein said embossed recess portions have the same depth.

5. The plastic sheet as claimed in Claim 1, wherein said side walls of said embossed recess portions are in contact with each other.

6. The plastic sheet as claimed in Claim 1, wherein said side wall of each of said embossed recess portions has a rounded cross-section.

7. A plastic sheet roll, comprising:

a plastic sheet wound around an axis to form a roll, said sheet having an outer surface facing away from said axis, and an inner surface opposite to said outer surface and formed with a plurality of embossed recess portions proximate to each other, each of said embossed

recess portions being confined by a flat bottom wall and a side wall that extends from said flat bottom wall to said inner surface.

5 8. The plastic sheet roll as claimed in Claim 7, wherein said side wall of each of said embossed recess portions has a circular-shaped cross-section.

9. The plastic sheet roll as claimed in Claim 7, wherein said flat bottom wall of each of said embossed recess portions has an elliptical-shaped cross-section.

10 10. The plastic sheet roll as claimed in Claim 7, wherein said embossed recess portions have the same depth.

11. The plastic sheet roll as claimed in Claim 7, wherein said side walls of said embossed recess portions are in contact with each other.

15 12. The plastic sheet roll as claimed in Claim 7, wherein said side wall of each of said embossed recess portions has a rounded cross-section.